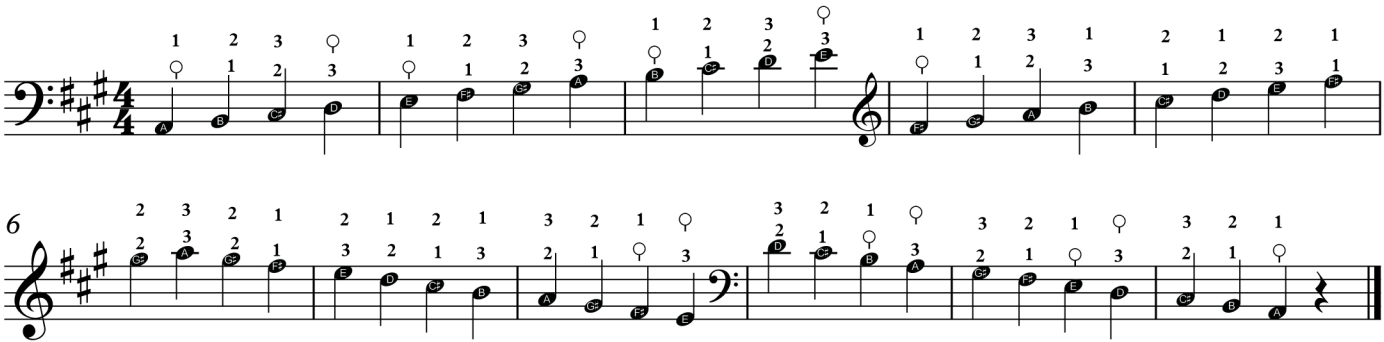A major scale thumb position