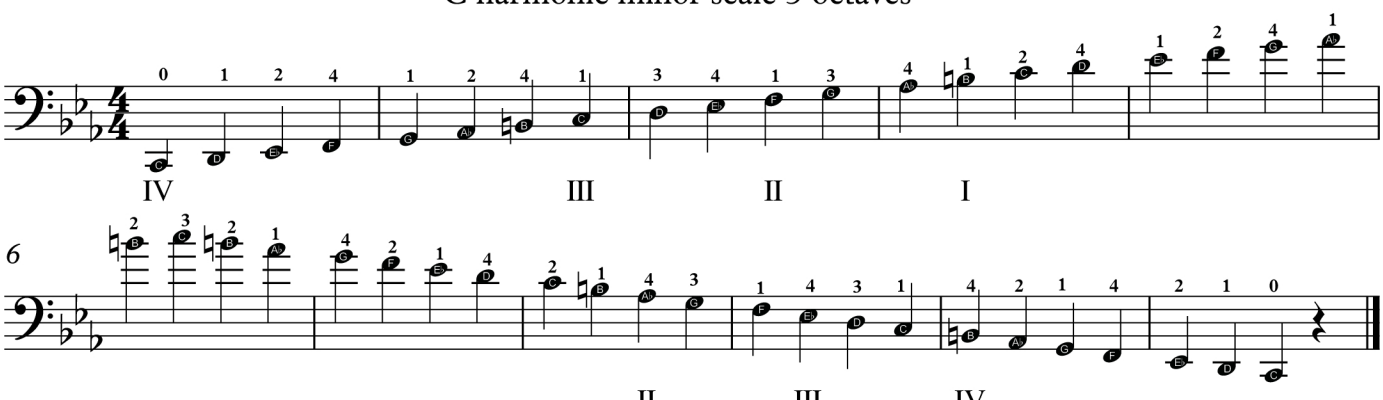C harmonic minor scale 3 octaves