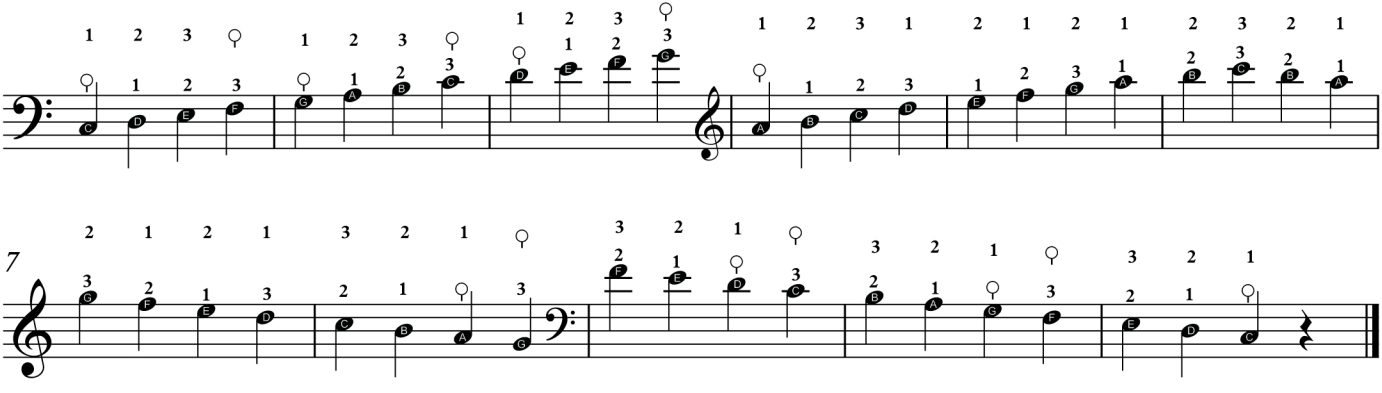C Major scale thumb position