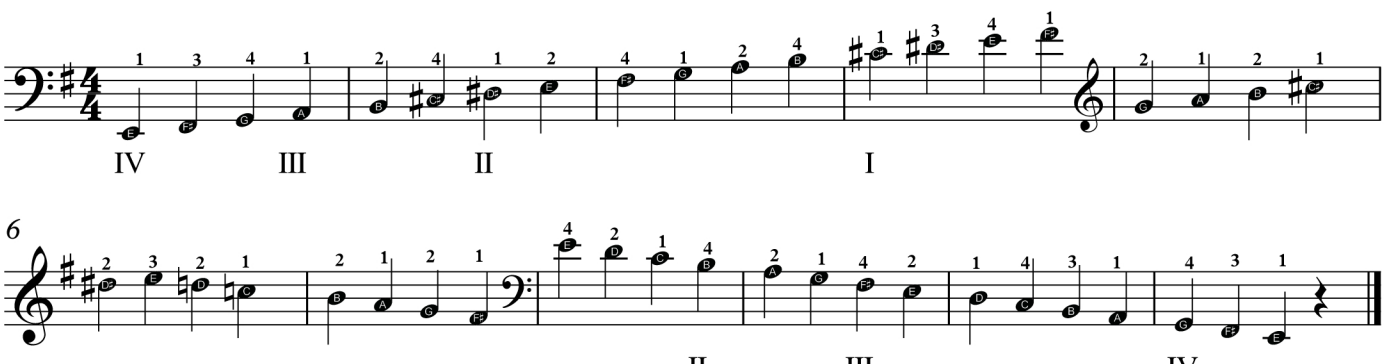E melodic minor scale 3 octaves