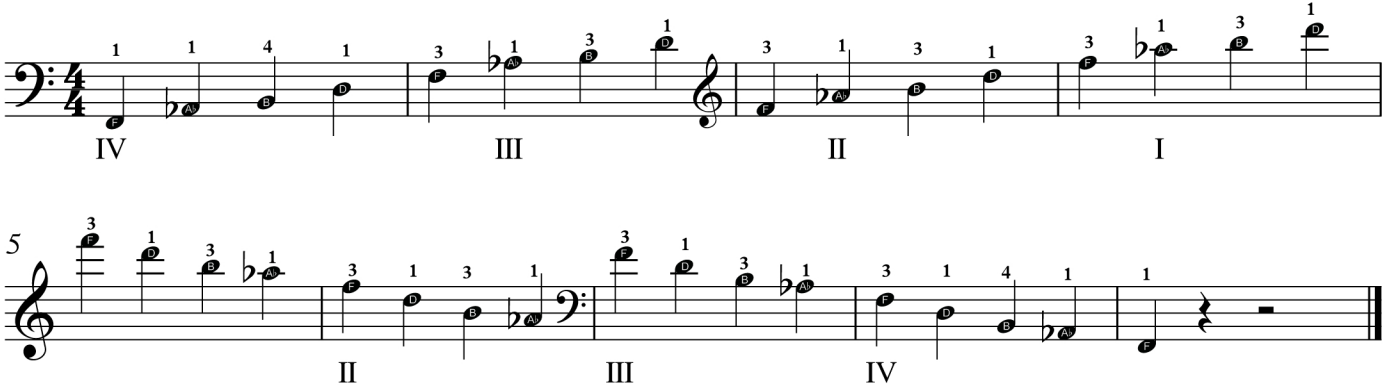F diminished arpeggio 4 octaves